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Erasmus+ Programme
of the European Union



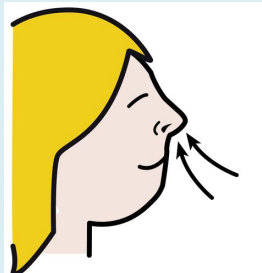
Emocionalno blagostanje Stvari koje nas opuštaju



Autor pictogramas: Sergio Palao Procedencia: ARASAAC



Dišite polagano



Brojite

1 2 3

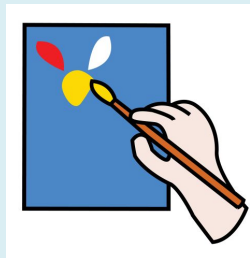
Slušajte glazbu



Istežite se



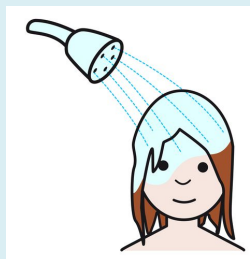
Slikajte



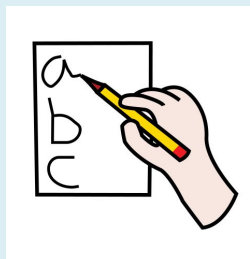
Slušajte opuštajuću glazbu



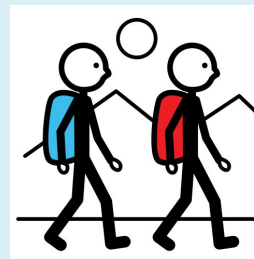
Otuširajte se



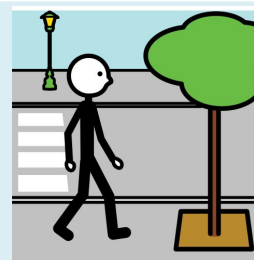
Pišite dnevnik



Planinarite



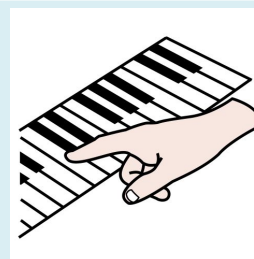
Šetajte



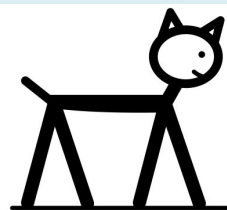
Odite na trčanje



Svirajte neki glazbeni instrument



Prošećite kućnog ljubimca



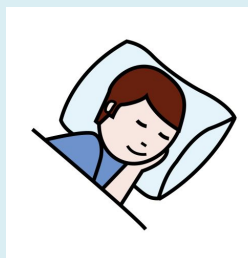
Meditirajte



Odmorite se

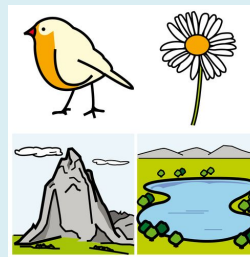


Naspavajte se

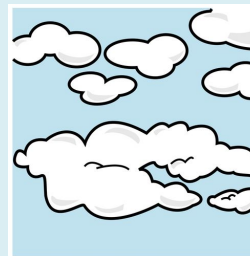




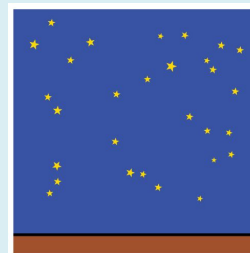
Promatrajte prirodu



Promatrajte oblake



Promatrajte zvijezde

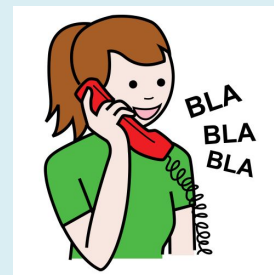


Napišite pismo ili e-mail

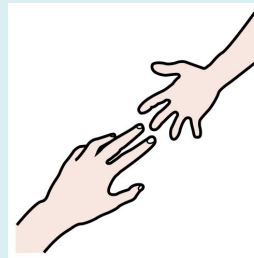




Nazovite prijatelja



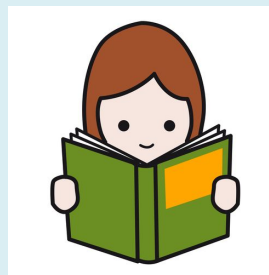
Sudjelujte u druženju



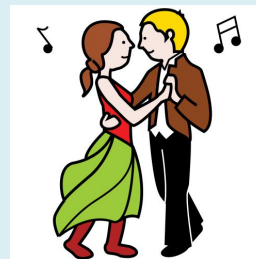
Vozite bicikl



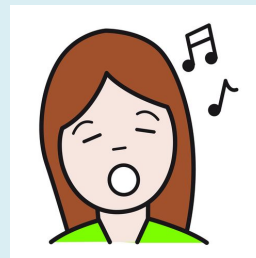
Čitajte



Plešite



Pjevajte



Popijte čaj



Mirišite opuštajuće mirise

