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# Mythes ou réalités de la vie autonome?

Source:

European Network on Independent Living <http://enil.eu/independent-living/definitions/>

Cette information ne reflète que le point de vue du Consortium  
et la Commission n'est pas responsable  
pour toute utilisation qui pourrait être faite des informations qu'elle contient.

# Mythe ou Réalité?

## Myth

Disabled people will be isolated and lonely if they live independently. Independent living means you have to move away from your family and live on your own.



## Fact

INDEPENDENT LIVING DOES NOT MEAN PEOPLE HAVE TO LIVE ON THEIR OWN, BUT REQUIRES THAT THEY HAVE A CHOICE OF WHERE AND WITH WHOM TO LIVE.

# Mythe ou Réalité?

Myth

Living independently is the same as being self-sufficient.



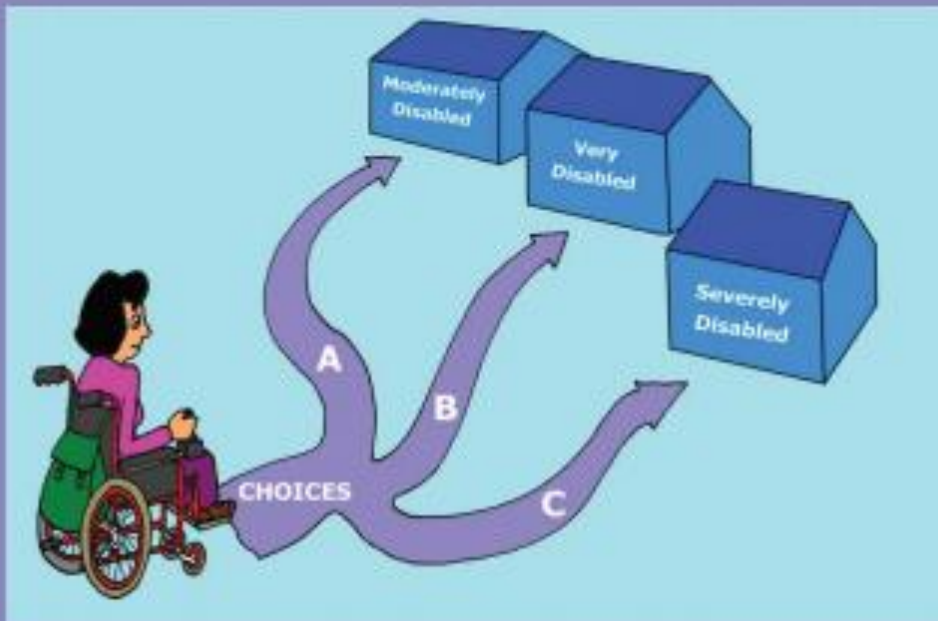
Fact

**NO ONE IS SELF-SUFFICIENT.  
WHETHER LABELLED AS HAVING A  
DISABILITY OR NOT, WE ALL REQUIRE  
SUPPORT FROM OTHERS AT DIFFERENT  
TIMES IN OUR LIVES.**

# Mythe ou Réalité?

Myth

Living independently is not for everyone.  
We will always need institutions.



Fact

IF GIVEN THE RIGHT SUPPORT,  
EVERYONE CAN LIVE IN THE  
COMMUNITY.

# Mythe ou Réalité?

Myth

Independent living means having no contact with support services.



Fact

INDEPENDENT LIVING IS NOT POSSIBLE WITHOUT SUPPORT.

# Mythe ou Réalité?

## Myth

Independent Living can be achieved by building group homes and day care centres for disabled people.



## Fact

DISABLED PEOPLE ARE OFTEN PLACED IN GROUP HOMES AND DAY CARE CENTRES DUE TO A LACK OF OTHER SUPPORTS AND SERVICES AVAILABLE.