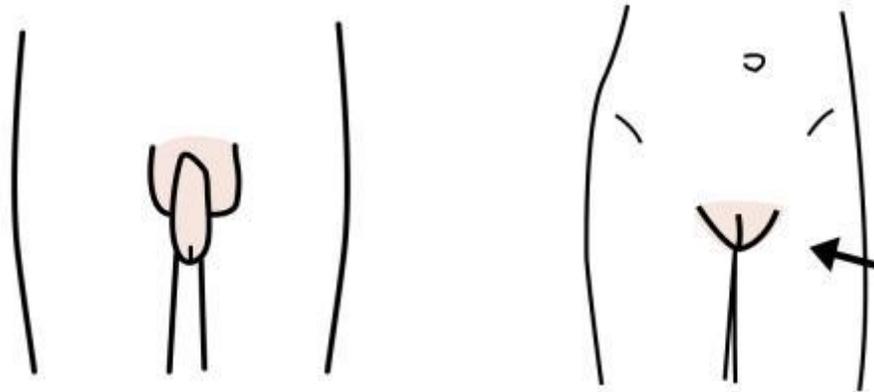




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KNOWING THE BODY



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KNOWING THE BODY



Know our body!

Genital system

Self-examination

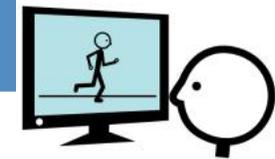
Genital hygiene

KNOWING THE BODY



Know your body!

- We're going to take a tour of our own body with our eyes closed. We share experience.

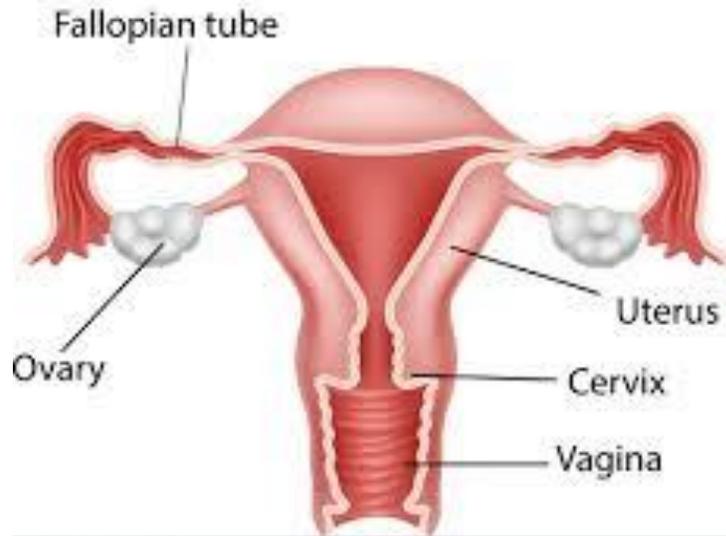


[Video](#)

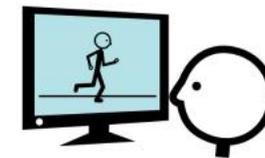
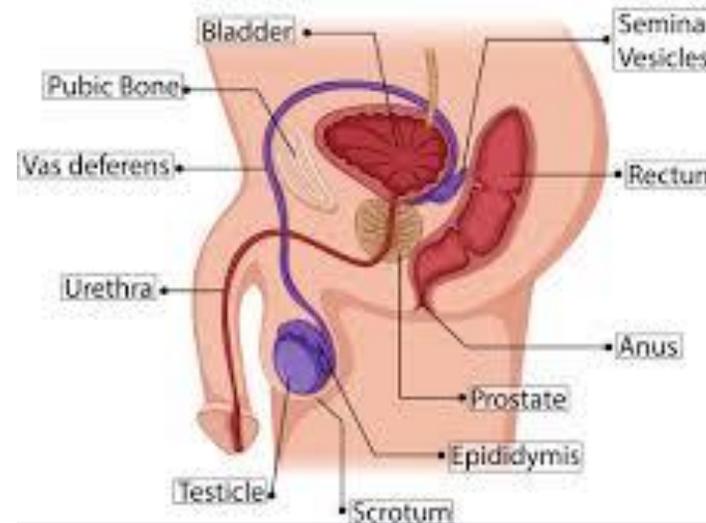


Formation of Genital System

FEMALE REPRODUCTIVE SYSTEM



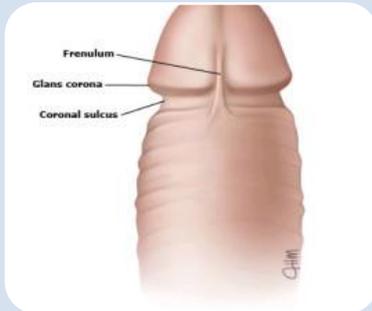
Male Reproductive System



[Video](#)



Male Genital System Parts



Penis:
Urinate and ejaculate semen

Stiff when it gets excited.



Glands:
Tip of the penis.

A lot of sensitivity.



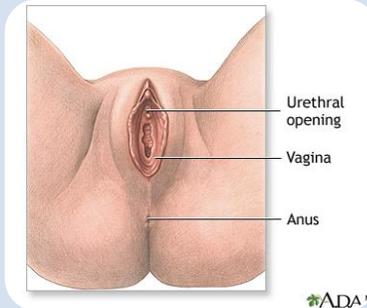
Foreskin:
Skin that covers the penis.



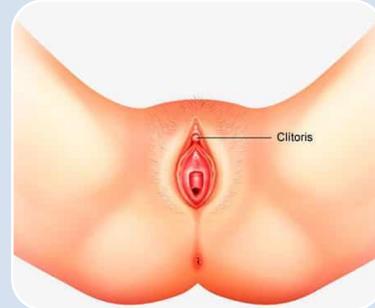
Scrotum:
Leather sacks where the testicles are.



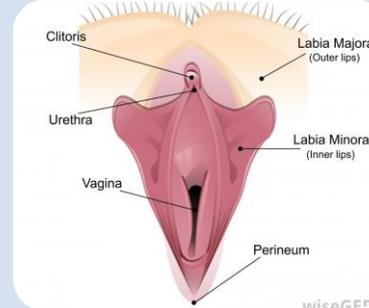
Female genital System



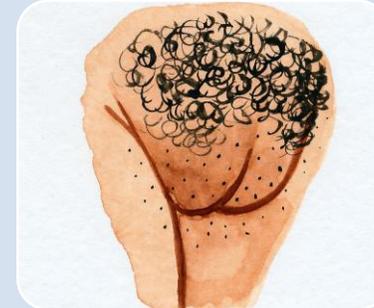
Vaginal opening:
Vagina entry.



Clitoris:
A lot of sensibility.



Inner and outer lips:
Folds of the skin surrounding the vaginal orifice.



Mons pubis:
Outer part of the vagina
With pubic hair.

KNOWING THE BODY

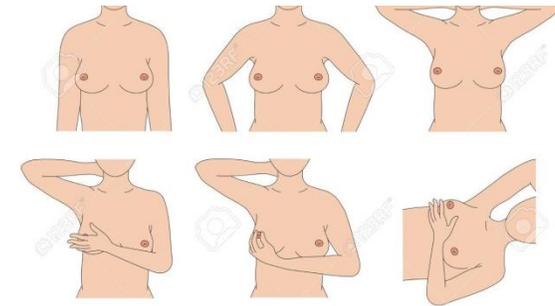


Self-examination

It's looking and exploring your body by our own.

It is necessary for:

- Know your body better.
- Take care of our hygiene.
- Avoid health problems.



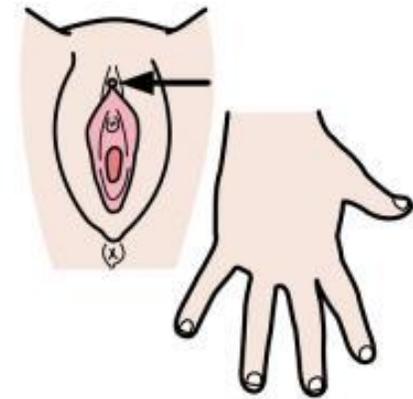
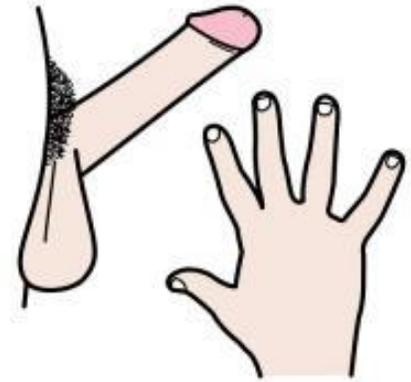
KNOWING THE BODY



Self-examination

Sometimes when we explore our body and know more about ourselves, we can find areas that when we touch them, they give us pleasure.

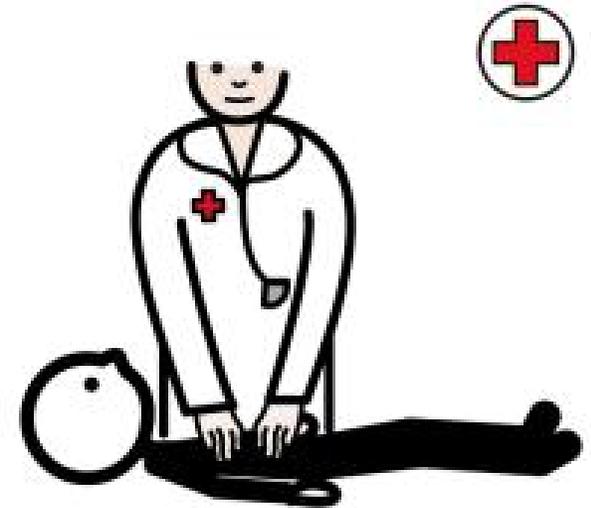
Masturbation is touching repeatedly an area to seek pleasure.



KNOWING THE BODY

Self-examination

If during the self-examination,
you discover something strange in your body
(Infection, lumps, wound...),
you should go to the doctor.
He or she will make a **medical check**.



KNOWING THE BODY



Self-examination

The professional who is in charge of checking the female genitalia is called **gynecologist**.

The professional who is in charge of checking the male genitalia is called **urologist**.



KNOWING THE BODY



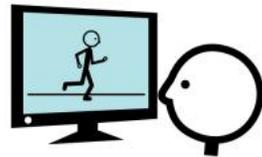
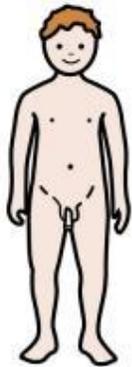
Genital hygiene

It is important to avoid infections and illnesses.

Shower daily.

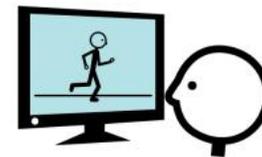


Tips for men



[Video](#)

Tips for women



[Video](#)