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TALKING ABOUT SEX!



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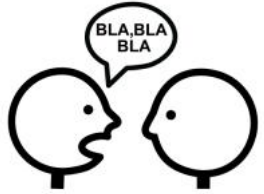


Sexual practices

Risks

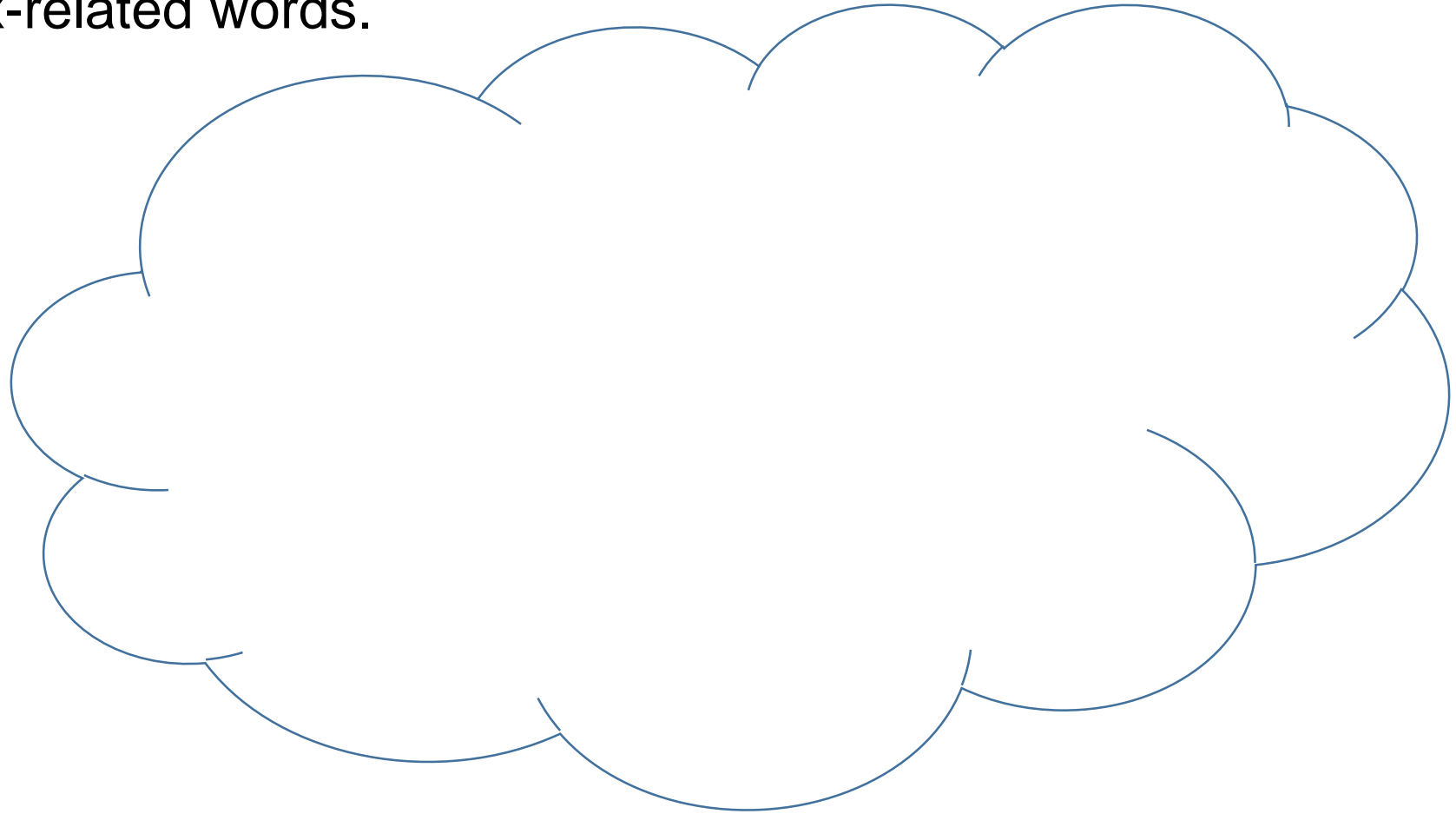
Contraceptive Methods

TALKING ABOUT SEX!



Brainstorming

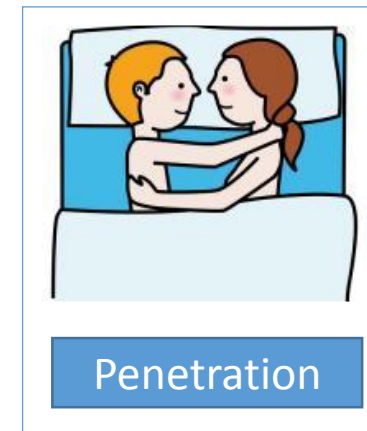
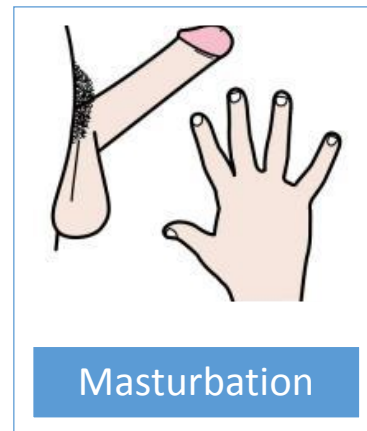
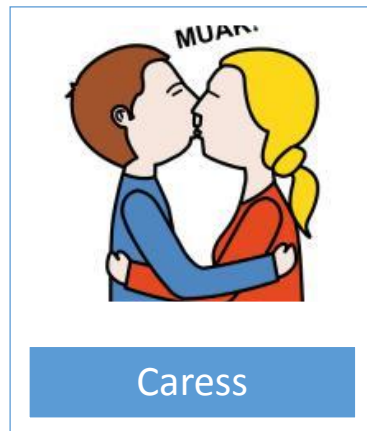
Say sex-related words.



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There are many ways to practice sex.
Alone or with someone else.



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Risks of practicing sex.

When we practice sex,
we can run some risks.

We have to be careful and
take some cautions.

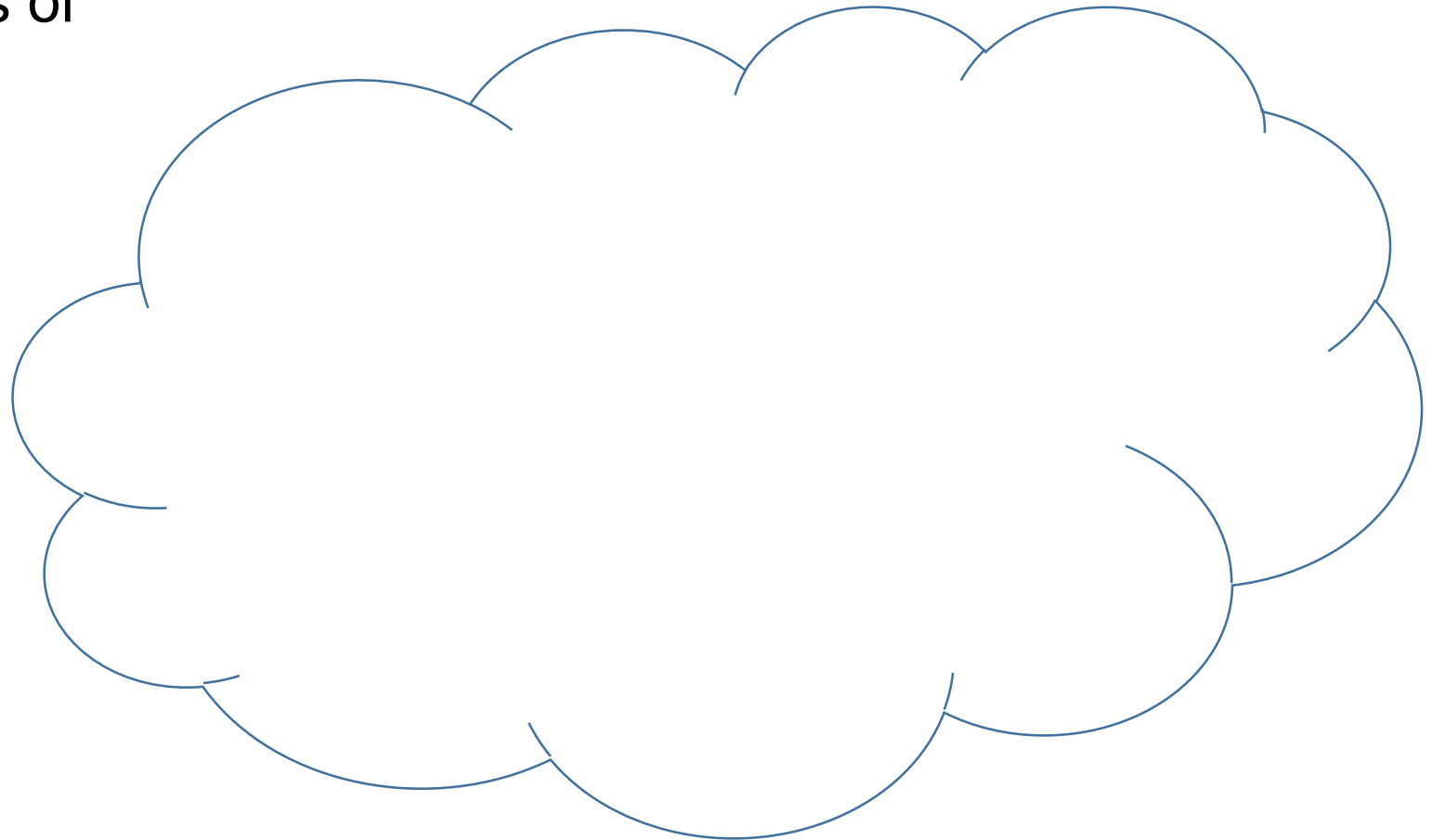


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Risks of practicing sex.

Do you know the risks of practicing sex?



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Risks of practicing sex.

The main risks are:

1. Unwanted pregnancies.
2. Infections and diseases.



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Risks of practicing sex.

1. Unwanted pregnancies.

A woman can become pregnant when a man ejaculates in her vagina.

Usually, if the woman does not have menstruation it can be a symptom of pregnancy.

An unwanted pregnancy occurs when neither man nor woman is looking for a baby. They have not taken **precautionary measures** or there's been a glitch.



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Risks of practicing sex.

1. Unwanted pregnancies.

If there is a suspicion of pregnancy, you can get a pregnancy test or go to the doctor.



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Risks of practicing sex.

1. Unwanted pregnancies.

If an unwanted pregnancy occurs, you should know 2 options to make the decision that you think is most appropriate, Valuing all the possibilities.



Having the
baby



Stop the
pregnancy.
(Abort)

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Risks of practicing sex.

1. Unwanted pregnancies.

Can be prevented
if we take precautionary measures.
Precautionary measures are called
contraceptive methods.

Do you know any of them?

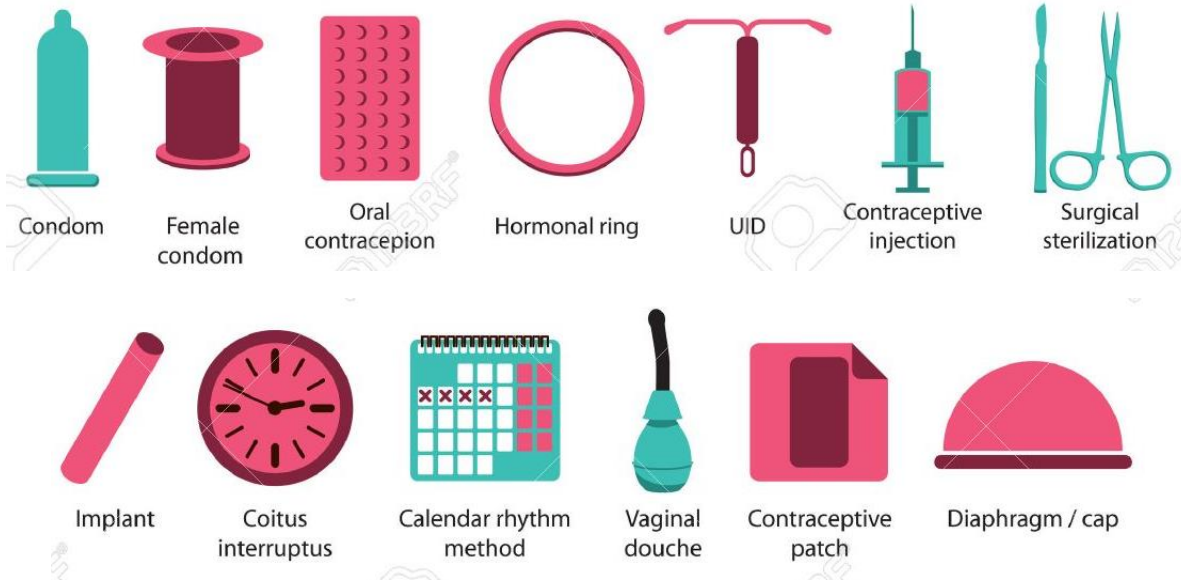


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Contraceptive methods.

Contraception methods

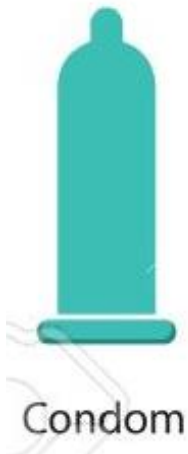


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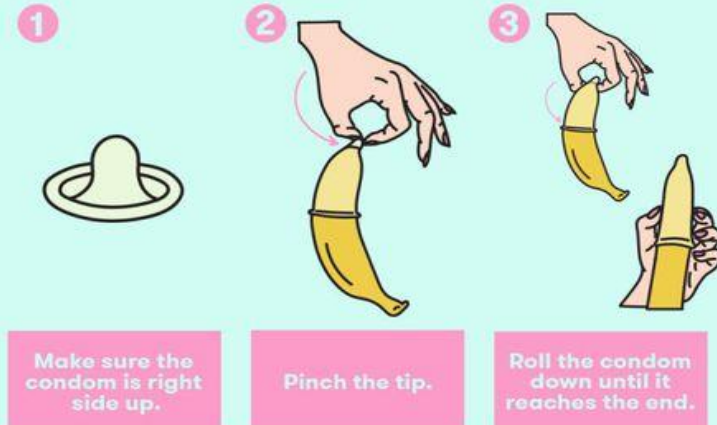


Contraceptive methods.

- ❑ Rubber case.
- ❑ It gets when the penis is in erection.
- ❑ Avoid unwanted pregnancies and sexually transmitted diseases.
- ❑ It's a single use.
- ❑ It can be bought in pharmacies.



HOW TO PUT ON A CONDOM



HOW TO REMOVE A CONDOM



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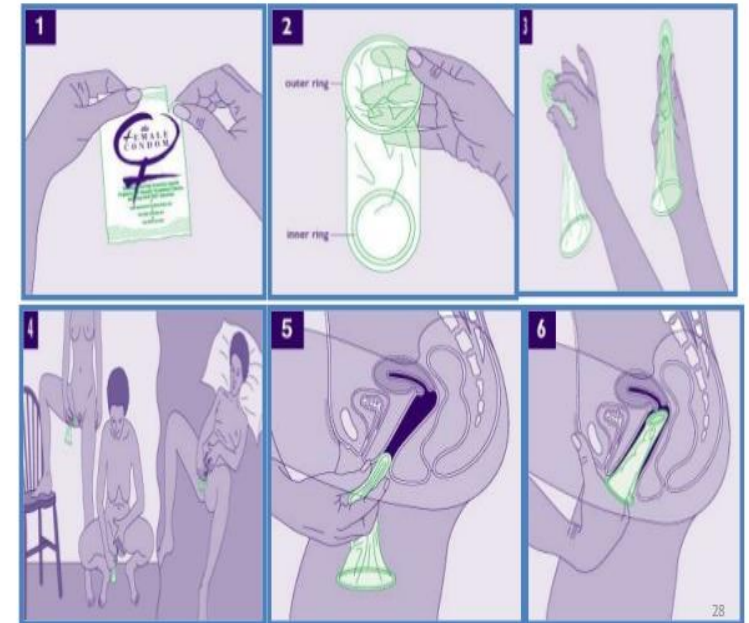


Contraceptive methods.



Female
condom

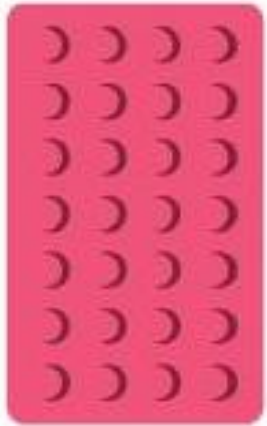
- ❑ Round bag with a ring at each end. One enters the vagina and the other is out.
- ❑ Only for woman.
- ❑ It can be up to 8 hours before you have a sexual relationship.
- ❑ Avoid unwanted pregnancies and sexually transmitted diseases.
- ❑ It's a single use.
- ❑ It can be bought in pharmacies.



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Contraceptive methods.



Oral
contraception

- Medication prescribed by doctor.
- Only for women.
- Avoids pregnancy.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



Hormonal ring

- Plastic ring that is inserted into the vagina.
- Only for women.
- Avoids pregnancy.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



- A T-shaped device that must be placed and removed by a doctor.
- Only for women.
- Avoid pregnancies.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



Contraceptive
injection

- Doctor-prescribed injection.
- Only for women.
- Avoid pregnancies.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



- It's an operation performed by a doctor.

Two types:

In women, tubal ligation.

In man, vasectomy.

- Once it is done, it has no turning back.
- Avoid pregnancies.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



- Plastic tube that is introduced under the skin on the arm.
- It releases a medicine.
- Prescribed by the doctor.
- Only for women.
- Avoids pregnancy.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



Diaphragm / cap

- Rubber disk that is placed inside the vagina.
- Indicated by a doctor.
- It can be used several times.
- Avoid unwanted pregnancies.

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Contraceptive methods.



Contraceptive
patch

- Bandage that is placed on the skin and gives off a medicine.
- Prescribed by the doctor.
- Only for women.
- Avoids pregnancy.
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



Coitus interruptus

- A method that involves removing the penis from the vagina before a ejaculation occurs.
- It's not a reliable or secure method.
- It usually fails.
- High risk of pregnancy
- It does not prevent sexually transmitted diseases.

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Contraceptive methods.



Calendar rhythm
method

- It consists of not having sexual intercourse with penetration during the fertile days.
- It's not a reliable or secure method.
- It usually fails.
- High risk of pregnancy
- It does not prevent sexually transmitted diseases.

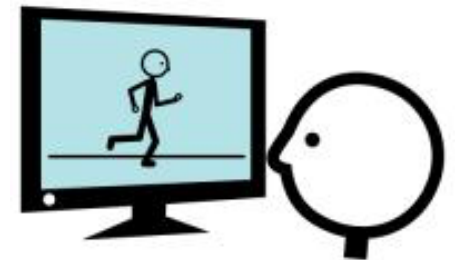
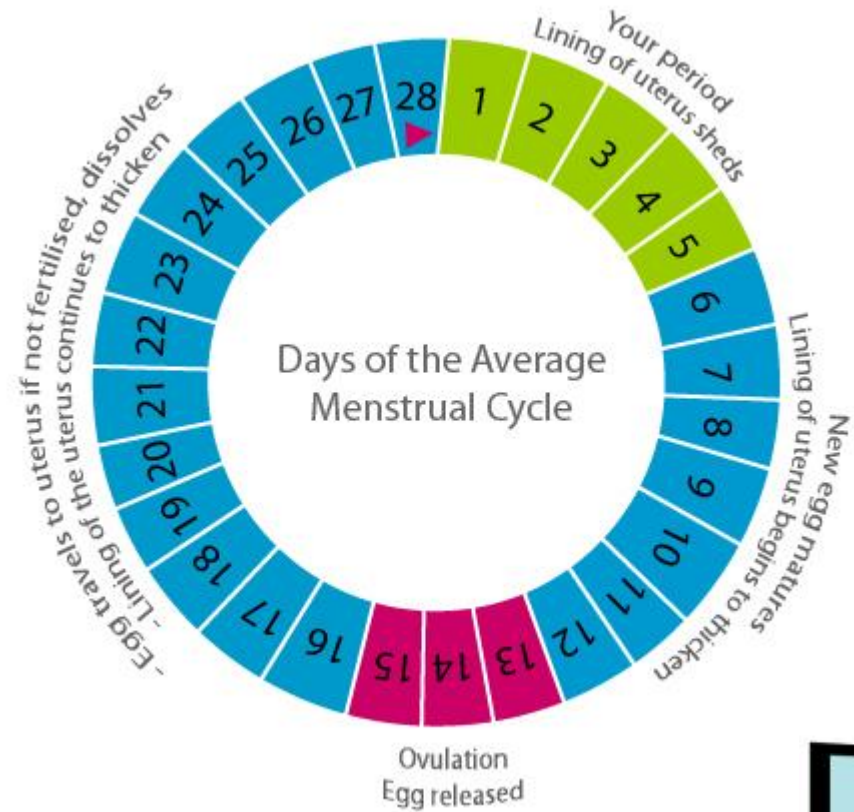
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Contraceptive methods.

How does a woman know when are her fertile days ?

When are there more probabilities of a pregnancy?



[Video](#)

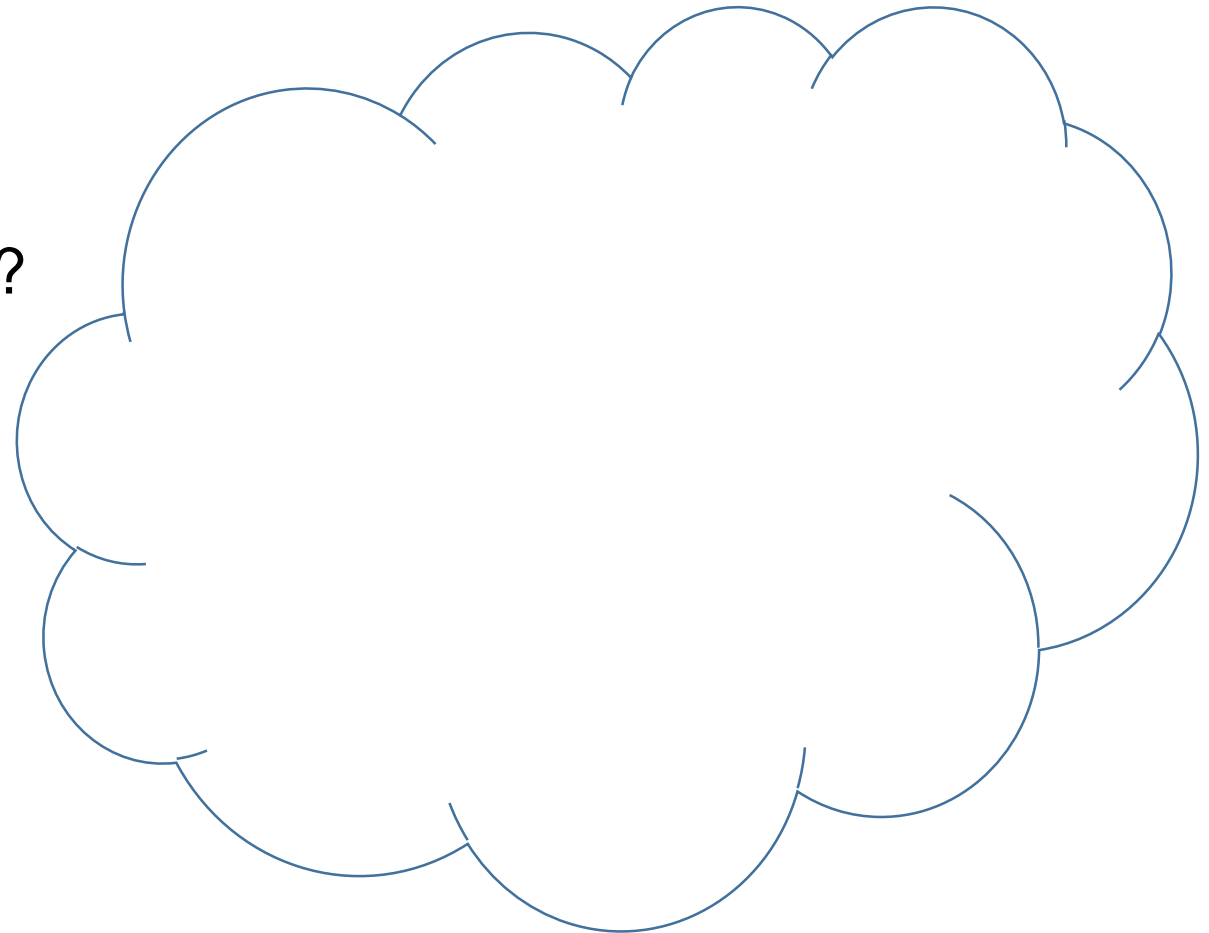
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Risks of practicing sex.

2. Infections and diseases.

Do you know what sexually transmitted diseases are?

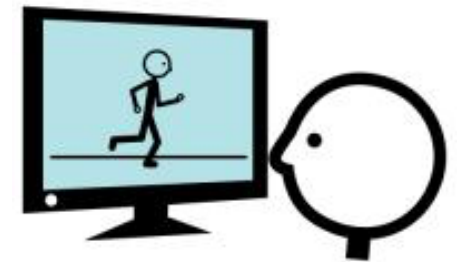
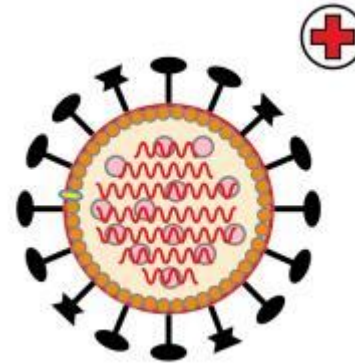


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Risks of practicing sex.

2. Infections and diseases.

Watch the video about sexually transmitted diseases.



[Video](#)



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Risks of practicing sex.

2. Infections and diseases.

Sexually transmitted diseases can be prevented if we take precautionary measures.

For example: Condom



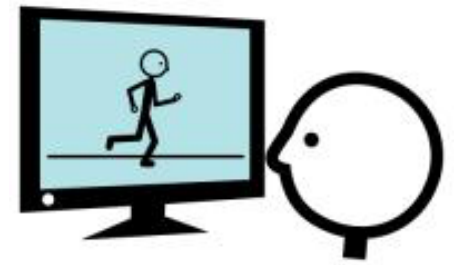
Condom

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Contraceptive methods.

Learn more about
contraceptive methods,
watching the next video.



[Video](#)