



SEXUAL RIGHTS AND OBLIGATIONS

to have sexual health

RIGHTS

1

Know your body

2

Enjoy your body as you
decide. It's your body!

3

Intimacy and privacy

4

Make your own decisions

5

Receive information, help and
guidance about sexuality.

6

Get a good deal from other
people.
Don't let them control you!

7

Express your sexuality.
The rest of the people have to
accept you as you are.

OBLIGATIONS

1

Respect the rights of other
people.

2

Make responsible decisions
knowing the risks.

3

If you see that your rights or
those of other people are not
respected. Ask for help.