



## The couple relationships

### How should a relationship be?

#### Situation 1:

Marta has a boyfriend named Alberto for a year. She says she's jealous, and even though she knows her boyfriend doesn't like her. She says that if she doesn't feel jealous, it would mean she doesn't love him.

#### Conclusion:

Jealousy = insecurity, try of dominance and possession.

#### Situation 2:

Marta comes home and sees Alberto angry. She asks what happens to him and he doesn't tell her. She thinks she should know why, since she is her partner and loves him, so she should guess.

#### Conclusion:

Communication is fundamental. If we want them to guess what we need, the relationship won't work. It's not something that proves you want a person either.



### Situation 3:

Both Marta and Alberto love each other very much and so they think that nothing will ever go wrong in their relationship.

### Conclusion:

The relationship works by many more factors, even if love is one of them.

### Situation 4:

Sonia and Alba Have been together for three years. Alba does many things to Sonia that make her suffer, but Sonia thinks that if she suffers is because her relationship is intense and good.

### Conclusion:

Conflicts are inevitable, but a good relationship is where we are comfortable most of the time.

### Situation 5:

Sonia and Alba spend time together, but also, everyone likes to go out with their friends, one without the other.

### Conclusion:

Each person in a relationship has their friends, family and activities that they don't always have to share.



### Situation 6:

Alba thinks that Sonia has to like going on a bike like her and she gets angry when she doesn't convince Sonia.

### Conclusion:

You have No right to try imaging to change the other person.

### Situation 7:

Antonio and Jose have been in a relationship for four months.  
Antonio thinks he doesn't have to tell Jose everything and that he can have his secrets.

### Conclusion:

We have the right to our privacy. A person's life is broader than their relationship.

### Situation 8:

Jose thinks that his duty in the relationship is to make Antonio happy and that Antonio must make him happy.

### Conclusion:

Happiness must look for one by itself. In the relationship the important thing is to be at ease.



### Situation 9:

Jose is very well with Antonio, but he is attracted to other guys, although he has no further intention with them because he is faithful to Antonio.

### Conclusion:

It's natural for other people to like or attract.

### Situation 10:

Mario and Alicia have been together for six months but Mario has realized that he doesn't want to follow the relationship because he is not happy with her.

Alicia is sad and decides to keep calling him to try to get back because he thinks that she has to fight for him.

### Conclusion:

Despite the pain, someone else's decision must be respected.