

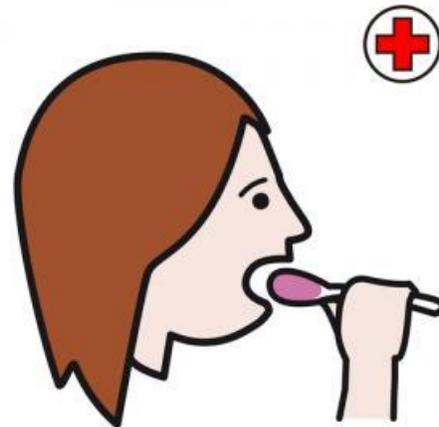


Co-funded by the
Erasmus+ Programme
of the European Union



ONLINE ACTIVITY 4

Mind the Pills



Pictograms: ARASAAC (<http://www.arasaac.org/>)



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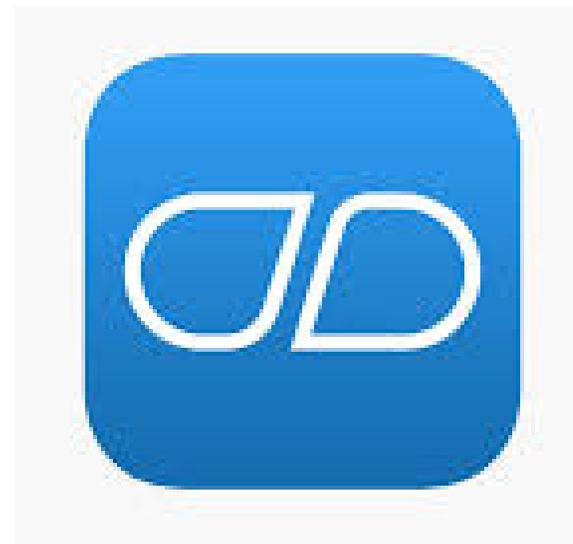
Mind the Pills



The trainer has already designed and uploaded the online session to the e-Training platform. Things to be done online:

Trainees must read and download, (if they want), the training materials (PPT, Word document, complementary readings, practical activities, etc.) for Topic 8.

By using the App proposed, **Medisafe**





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By using the App proposed, **Medisafe**, each trainee, alone or with the help of his or her supports, will perform the next tasks (it is suggested that this can be done at home with relatives or in the centre with professionals or in a supported house if available).

- Download the App in its own device.
- See the Video Guidelines App_Medisafe.
- Register at least one of the medications he or she are currently taking, if you are not taking medications currently, he or she will register the last one he or she took. Bear in mind that should not only register the medication but also the periodicity with which he or she takes the medication.
- Register the family or primary care doctor who normally sees he or she.
- Make some screenshots of the results obtained and uploaded them in the training platform.



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Duration:

- The time needed to perform the tasks during one week, always before the next F2F session.

Tools:

- Access to the App through device (smartphone, tablet or, computer)
- Training materials available in the training platform.
- PPT 4_Online Activity 4.
- Video Guidelines App_Medisafe