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OUTDOOR ACTIVITY 1

Let's go to the market



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Lets go to the market



1. Invite some friend to plan a lunch;
2. The objective is to train the plan of a meal and to do the grocery shopping related with this.
3. After choosing what you are going to cook, use the template of grocery plan;
4. Identify the item's that it's needed to buy and wright them in the grocery list;
5. Go to a supermarket and buy the items on your grocery list
6. Return home and enjoy you meal together



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Use the following tools:

- Computer, printer, sheets A4, internet access
- Templates for Grocery List from Activity 2
- APP from ONLINE SESSION 1_Activity 2 on phone or tablet:

BRING!