





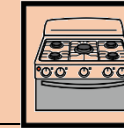





## ACTIVITY 4 – HOW OFTEN DO YOU CLEAN? Support Template with the frequency of cleaning






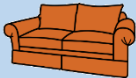




DAYLY	WEEKLY	MONTHLY	YEARLY
<b>Bedroom</b> 	<b>Bedroom</b> 	<b>Bedroom</b> 	<b>Bedroom</b> 
<ul style="list-style-type: none"> <li>• Make bed</li> </ul>	<ul style="list-style-type: none"> <li>• Dust furniture</li> <li>• Change bedding</li> <li>• Vacuum your floors</li> </ul>	<ul style="list-style-type: none"> <li>• Dust blinds</li> <li>• Dust and clean light fixtures</li> </ul>	<ul style="list-style-type: none"> <li>• Deep clean windows</li> <li>• Clean drapes and curtains</li> </ul>
<b>Kitchen</b> 	<b>Kitchen</b> 	<b>Kitchen</b> 	<b>Kitchen</b> 
<ul style="list-style-type: none"> <li>• Sweep kitchen floors</li> <li>• Clean dirty dishes</li> <li>• Wipe down kitchen counters and tables</li> <li>• Clean coffee maker</li> <li>• Sanatize kitchen</li> </ul>	<ul style="list-style-type: none"> <li>• Vacuum your floors</li> <li>• Mop kitchen floors</li> <li>• Toss expired food</li> <li>• Wipe down kitchen appliances</li> <li>• Clean inside of microwave</li> </ul>	<ul style="list-style-type: none"> <li>• Clean your dishwasher, laundry machines and vacuum</li> <li>• Vacuum vents and woodwork</li> <li>• Dust and clean light fixtures</li> </ul>	<ul style="list-style-type: none"> <li>• Deep clean windows</li> </ul>



## ACTIVITY 4 – HOW OFTEN DO YOU CLEAN? Support Template with the frequency of cleaning



<p><b>Bathroom</b></p> 	<p><b>Bathroom</b></p> 	<p><b>Bathroom</b></p> 	<p><b>Bathroom</b></p> 
<ul style="list-style-type: none"> <li>• Do laundry (as needed)</li> <li>• Wipe down bathroom surfaces</li> <li>• Sanitize bathroom sinks</li> </ul>	<ul style="list-style-type: none"> <li>• Vacuum your floors</li> <li>• Mop bathroom floors</li> <li>• Scrub bathroom surfaces</li> <li>• Clean mirrors</li> </ul>	<ul style="list-style-type: none"> <li>• Vacuum vents and woodwork</li> <li>• Scrub bathroom surfaces</li> <li>• Dust and clean light fixtures</li> </ul>	<ul style="list-style-type: none"> <li>• Deep clean windows</li> </ul>
<p><b>Livingroom</b></p> 	<p><b>Livingroom</b></p> 	<p><b>Livingroom</b></p> 	<p><b>Livingroom</b></p> 
<ul style="list-style-type: none"> <li>• Clear up the room</li> </ul>	<ul style="list-style-type: none"> <li>• Dust furniture</li> <li>• Vacuum your floors</li> </ul>	<ul style="list-style-type: none"> <li>• Dust blinds</li> <li>• Dust and clean light fixtures</li> </ul>	<ul style="list-style-type: none"> <li>• Clean fireplace and chimney</li> <li>• Deep clean carpet and upholstery</li> <li>• Deep clean windows</li> <li>• Clean drapes and curtains</li> </ul>