



### DETA 3. I AM GOING OUT



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WHAT TO DO
WITH

MY FREE TIME

#### What shall we do - PLAN









# I AM BORED, WHAT SHOULD I DO





## IS BEING BORED GOOD FOR ME?





### DO I HAVE THINGS TO DO?



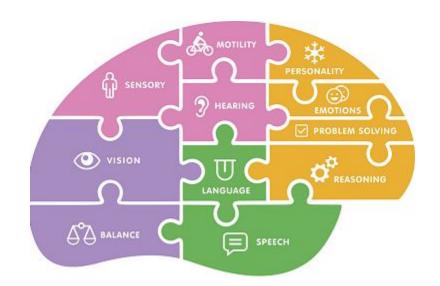


### WHAT SHOULD I DO?





#### WHAT SKILLS DO I HAVE?





# WHAT SUPPORT DO I NEED?







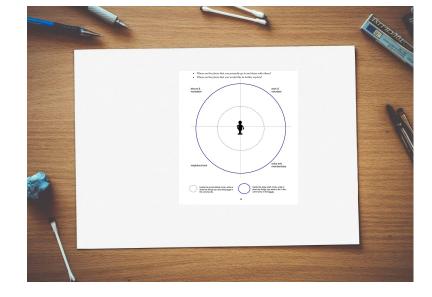
MY FREE TIME (tell me your story)



## LET'S PAINT A PICTURE OF WHAT I DO....



#### **PICTURE TIME**



DETA 3 I'm going out Activity 1\_Developing new interests

# LET'S SEE WHAT OTHER PEOPLE DO IN THEIR FREE TIME





#### **MOVIE TIME**



DETA 3 I'm going out Activity 1\_Developing new interests



# LET'S HAVE A COFFEE AND A CHAT, LIKE WE ARE IN THE COFFEE SHOP



**COFFEE TIME** 

DETA 3 I'm going out Activity 1\_Developing new interests



### WHAT TO DO AT HOME



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#### **HOME WORK**

- 1.6 MAKE MY COLLAGE OF INTERESTS
- 1.7 PLAN MY TRIP TO GO TO DO OUTSIDE

**ONE OF MY INTERESTS** 

DETA 3 I'm going out Activity 1 Developing new interests