



DETA 1: It's My Life!

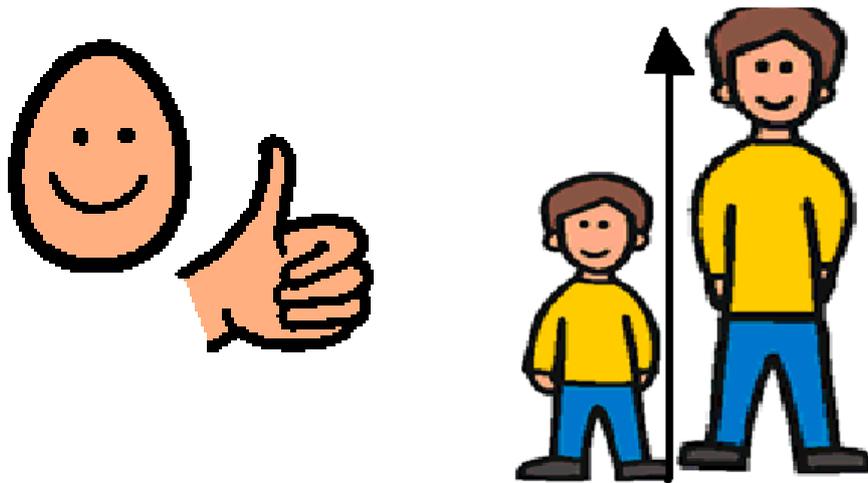
Circle Shaped Paper Panel Activity

Instructions:

1. The trainer should develop a panel like figure 1 on paper. The circle has about 1,20 cm diameter and it's divided in 8 equal parts. Each part (triangle) should be painted with the desired technique respecting colors and sequence;
2. In the larger edge of each triangle cut a circle as in figure 1 ;
3. Print each quality of life domains symbols used in 3_PPT2_DETA1.ppt and reproduced in the next pages;
4. Cut them and use glue to place each one on the circle as in figure 2 below;
5. Follow DETA 1 instructions to develop the activity.



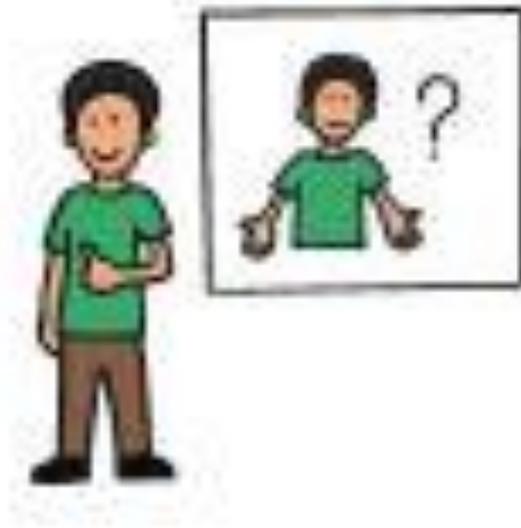
Figure 1 - Circle Shaped Paper Panel



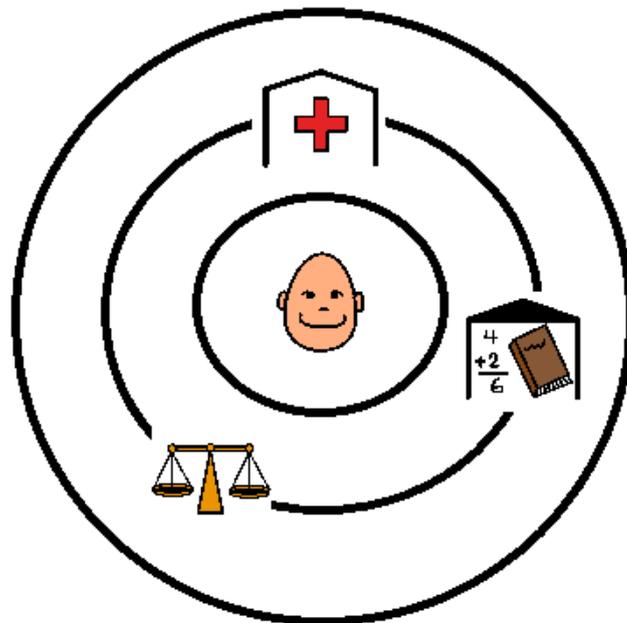
Quality of Life



Interpersonal Relations



Self Determination



Social Inclusion



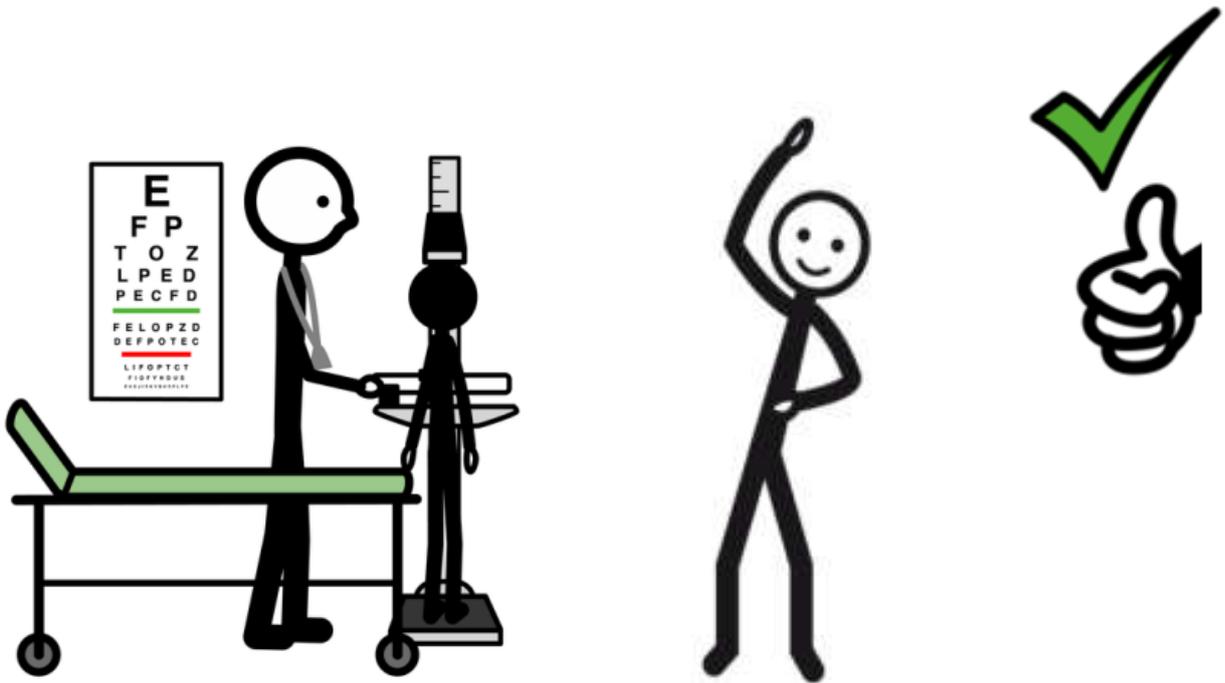
Personal Development



Rights



Emotional well-being



Pyshical well-being



Material well-being



Figure 2 - Circle Shaped Paper Panel with symbols