



# Myths or Facts of Independent Living?

#### Source:

European Network on Independent Living <a href="http://enil.eu/independent-living/definitions/">http://enil.eu/independent-living/definitions/</a>

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Myth

Disabled people will be isolated and lonely if they live independently. Independent living means you have to move away from your family and live on your own.



Fact

INDEPENDENT LIVING DOES NOT MEAN PEOPLE HAVE TO LIVE ON THEIR OWN, BUT REQUIRES THAT THEY HAVE A CHOICE OF WHERE AND WITH WHOM TO LIVE.

Myth Living independently is the same as being self-sufficient.

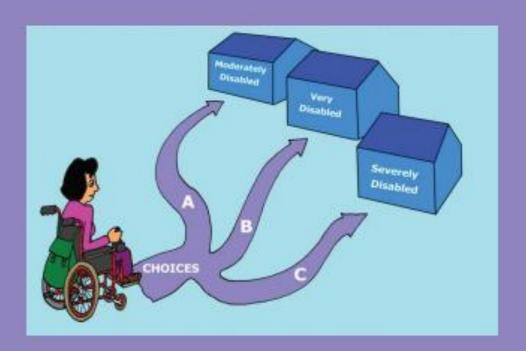


fact

NO ONE IS SELF-SUFFICIENT. WHETHER LABELLED AS HAVING A DISABILITY OR NOT, WE ALL REQUIRE SUPPORT FROM OTHERS AT DIFFERENT TIMES IN OUR LIVES.

Myth

Living independently is not for everyone. We will always need institutions.



Fact

IF GIVEN THE RIGHT SUPPORT, EVERYONE CAN LIVE IN THE COMMUNITY.

Myth

Independent living means having no contact with support services.



Fact

INDEPENDENT LIVING IS NOT POSSIBLE WITHOUT SUPPORT.

Myth

Independent Living can be achieved by building group homes and day care centres for disabled people.



fact

DISABLED PEOPLE ARE OFTEN PLACED IN GROUP HOMES AND DAY CARE CENTRES DUE TO A LACK OF OTHER SUPPORTS AND SERVICES AVAILABLE.